

Parental Allowance

Parental Allowance in Germany – an overview



Federal Ministry for Education, Family Affairs, Senior Citizens, Women and Youth

Parental Allowance

Parental Allowance is a benefit available to mothers and fathers who want to stay at home or work less in their profession after the birth of their child in order to care for them. It allows them to have time for themselves and their child.

Parental Allowance compensates for the loss of income after the birth of a child. It thus helps to secure families' livelihoods. It supports parents in sharing family and work responsibilities equally. Parental Allowance is also available to parents who had no income before their child was born.

You can receive parental allowance as parents living together or as a single parent or as separated parents.



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There are three types of Parental Allowance:

- → Basic Parental Allowance
- → Parental Allowance Plus
- → Partnership Bonus

Depending on your life situation, you can combine Basic Parental Allowance, Parental Allowance Plus and the Partnership Bonus. How long you will receive Parental Allowance altogether depends on which options you choose.

While receiving Parental Allowance, you can work part-time for up to 32 hours per week.

Basic Parental Allowance

- Couples can split 14 months of Basic Parental Allowance, calculated from the date of birth, between themselves. This requires that at least one of the parents earns less in a period of 2 months after the child's birth than before.
- If only one parent receives Parental Allowance, the parent can receive Basic Parental Allowance for a maximum of 12 months.
- Each parent needs to apply for at least 2 months of Parental Allowance
- Both parents can generally receive Basic Parental Allowance at the same time for one month within the first 12 months of a child's life.
- If you are a single parent, you can receive Basic Parental Allowance for 14 months on your own.

Parental Allowance Plus

- You can also receive Parental Allowance Plus after your child is 14 months old.
- You can receive Parental Allowance Plus twice as long as Basic Parental Allowance: One month of Basic Parental Allowance corresponds to 2 months of Parental Allowance Plus.
- If you do not work after your child's birth, Parental Allowance
 Plus will be half the amount of Basic Parental Allowance. If
 you work part-time after the birth, the monthly Parental
 Allowance Plus can be the same as the monthly Basic Parental
 Allowance with part-time income.

 Therefore, parents who work part-time after their child's birth benefit most from Parental Allowance Plus.

Partnership Bonus

- The Partnership Bonus supports parents in sharing their family and work responsibilities equally.
- You and the other parent can each receive 2, 3 or 4 additional months of Parental Allowance Plus. This requires that:
 - Both parents use the Partnership Bonus at the same time.
 - They apply the Partnership Bonus for 2, 3 or 4 consecutive months of the child's life.
 - During this time, both parents work at least 24 and at most 32 hours per week.
- If you are a single parent, you can use the Partnership Bonus on your own. This requires that only you work between 24 and 32 hours per week.



Parental Allowance rates

The rate of Parental Allowance depends on how much you earned in the year before your child was born. Generally, you receive 65 percent of your net income before the birth of your child. Basic Parental Allowance varies between a minimum of 300 euros and a maximum of 1,800 euros per month. The rate of Parental Allowance Plus varies between 150 euros and 900 euros per month.

You can use the Parental Allowance Calculator (*Elterngeldrechner*) to get a rough idea of how much Parental Allowance you might receive. You can also plan the period in which you receive Parental Allowance

by using the Parental Allowance Calculator (*Elterngeldrechner*). You can find even more information on the Family Portal (*Familienportal*) provided by the Federal Ministry for Education, Family Affairs, Senior Citizens, Women and Youth at www.familienportal.de.





Applying for Parental Allowance

You can apply for Parental Allowance at your local Parental Allowance Office (*Elterngeldstelle*) or online. In all federal Länder (states), you can apply for Parental Allowance online. In many states, you can get online support from *Elterngeld Digital* when applying. A digital assistant takes you step by step through the application process, explains special terms, provides answers to frequently asked questions and identifies data errors.

For more information about which Parental Allowance Office to contact and which form to use for your application, please see **www.familienportal.de**. There you will also find many valuable tips and further information on Parental Allowance.

Explanatory film



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